



THE IMPORTANCE OF VOCAL BREATHING EXERCISES

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ABSTRACT

In this article, vocals that play a key role in the direction of singing, the tradition of dividing it into traditional, classical and pop genres, the European Center for Vocal Arts, direct breathing, performance, home practical breathing tips, as well as diaphragmatic breathing techniques.

Musicians, singers, composers, instrumentalists and other representatives of folk art preserved the artistic heritage of the people during the captivity. Because of the strong interest of the people in the art of music, there was a well-developed musical culture. [1.P.8] Singing is one of those artistic arts that requires a lifetime of practice, discipline, and hard work. There's a characteristic to the art of craftsmanship that it doesn't end with a good accent. Nature attempts to directly assimilate the secrets of this art. The role of vocal performers in spreading the secrets of singing is of particular importance. A music teacher doesn't teach students songs one by one during class. He's going to have to meet the students in the classroom, he's going to have to go through their vocabulary, and he's going to have to go through a series of lessons about music and art. In this regard, music as an art form has broadened the minds of students, especially when it comes to the aesthetic education of young people. Special attention should be paid to teaching addition

Breathing is an integral part of the breathing position. [2. P.145-146]. It is no secret that the vocal, which has taken its place in the direction of singing, is currently developing. The audio software, the classical software, the pop music software, has come into our hands from highly developed countries. The physiology of the vocal is based on the human physiology, where all ethnicities and cultures are the same, and it explores ways of renewing the voice. It's an opportunity for black-capped singers to become known abroad. Our compatriots have actively participated in various international competitions and festivals and gained the high appreciation of our people. The theoretical literature attests that the art and historical practice of European vocal art is the oldest in Italy. Its ancient history, literature, and art have profoundly influenced the development of the nations of the world. [3.P.165] The word "exlamacia" appears in an ancient inscription. This term is not currently supported. He says, "First turn it up, then turn it down". It was used for voice control in those days. Vocal music is a distinctive form of artistic expression that simultaneously aims to elevate the ability to sing to a higher level. A song can be performed by a soloist, an ensemble, or a choir. Importantly, vocal art is now widely used in opera, operetta, musical drama, comedy, and pop concerts. The main instrument in the vocal is the right breath. Songs are typically spoken in the form of exercises,



but you can use timbre accuracy, wordless enthusiasm, and spoken words to hear songs that are full of meaningful emotions, sad, sorrowful, glorious, determined, unusual, proud, passionate, boisterous, and so on. It is helpful to speak vocalizing to the text when the listener is speaking to the text (while studying is neglected), and it is preferable to speak with the understanding of its content. [4.P.80] The performer is obliged to hold the step of the song upright after performing the breathing. Here, the back is flat, so the vertebral column is well bent and the diaphragm is flexed so that the muscles attach to the lateral lumbar spine. The diaphragm of the waist is very strong in its contraction, so the spine needs to be very strong. One of the most important functions of breathing is that the inhalation and exhalation must be controlled at all times. The diaphragm is designed to stimulate breathing, stopping the outflow of exhaled air and protecting the chest cavity. Performance is a breathing exercise, but even professionals don't like to do it. First of all, it's good for every vocalist to learn to stick to the right words for the first time, because if you have the right flow to get it through, it's going to provide a smooth sound. It's also important to remember that, especially when it comes to the essence of a song, focusing too much on the essence of a song will never allow singers with the wrong mindset to maintain their timing, intonation, and polarization, and to focus enough on the right moments. Therefore, it is recommended that beginners not be overly involved in this process. It cannot be deleted during this time. For example, the lifting of the shoulders, the exhaling of the stomach, the excessive movements of the breath, especially the excessive inhalation, as well as the "breathless" singing - performing without breathing without support. If the breathing is normal, as already mentioned, the performer should keep in mind that the main task is to focus on the beautiful, free call, which is all about breathing using the entire sound production apparatus. Vocal rehearsals prepare a singer to perform a work of art in which the elements of vocal performance are developed. One of these elements is rhythmic fluidity. Equal shares require a clear and consistent rhythm of stretching, and a good balance of pauses. Rhythmic clarity must be met with rigor. Traditionally, before performing a joint, the training is performed at a given tempo, strictly adhering to all longitudes and clearly filling in the pauses between the joints of the modulatory sequence. It is necessary to develop a sense of rhythm in the early stages of education. These settings will be fully used in the education system. In order to master the tasks in front of you, the state at the beginning of the training, the readiness of the performer to perform the bowl and the ability to enter the creative state are of great importance. A student who is inactive, with a bad tone, is not going to be productive. The focus, the imagination of pedagogical performance, the creative impulse, it's all about the student first. It shows his ability, it shows his professional qualities. The role of the teacher should not be underestimated. He's a great communicator, and in many ways, his emotional impact is tied to the image of the student. Additionally, the diaphragm can help improve breathing more quickly when combined with the use of a breathing technique, as it can follow the accumulated flow straight out. It's also a sounding board. Provides conversion of air waves into synchronous waves. This, he says, automatically determines how well you breathe in the performance. Most of the singers are singing along, but they're taking up a lot of air, and they're throwing up a lot of air right from the start. According to S. Fuchiton, the great singer Caruso always trained his mind with special exercises, strengthening his air-conditioning based on scientific experience. It's good for a student to learn as much as possible from one teacher and



to study in that teacher's class, because if a student switches to each teacher, they have to learn backwards, so different teachers don't replicate each other. Being in between your course and your vocal class and your friends' classes is very useful because it helps you expand your professional horizons. [5.P.190]

So the bottom line is that you can't be too wavy in vocal breathing. Because hard work makes them tired, weary, exhausted. Every singer needs to learn how to make the most of a minute of silence to breathe, to breathe deeply and to breathe deeply. Where the practice of vocal breathing should be in the development of science has been thoroughly explored for generations to come, and the theoretical exploration of the knowledge of the magical voice remains one of the most important tasks.

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